

SPRING SPORTS
PARENTS MEETING

2020



WELCOME & THANK YOU

- Attendance
- Interest in LHS Sports
- Coaches
- Martha Hamilton
- Jenn Mroz



SPRING COACHES

- **Girls Tennis**

- Mr. Brown, Mr. Killips

- **Boys and Girls Track**

- Mr. Willis, Mrs. Britton

- **Baseball**

- Mr. McDonald, Mr. Kroeze

- **Softball**

- Ms. Holmes, Mrs. Bates

Boys Golf

Mr. Wojcicki , Mr. Tresnek

Girls Soccer

Mr. Andersen, Mrs. Forfinski

LAKES 8 CONFERENCE



- The Teams
 - Ludington
 - Orchard View
 - Manistee
 - Muskegon Catholic Central
 - West Michigan Christian
 - Muskegon Heights

BOOSTER CLUB UPDATE

- President - Scott Smith
- VP - Tricia Postula
- Treasurer - Lisa Cooney
- Secretary - Lisa Cooney



WHAT CAN YOU DO?

- Get involved, attend meetings, volunteer at activities
- Buy and or Sell Booster tickets - October thru February

WHAT DOES YOUR CHILD NEED?

- -Updated Physical (*on or after April 15, 2020*)
- -\$50 athletic fee
- - Thursday April 23rd 2020 4- 8 pm this will be for next year.



MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION, INC.
MEDICAL HISTORY



- To be completed by parent or guardian or 18-year-old.
- Must be signed below by parent or guardian or 18-year-old.

A CURRENT-YEAR PHYSICAL IS ONE GIVEN ON OR AFTER APRIL 15 OF THE PREVIOUS SCHOOL YEAR

| | | | | | | | | |
|----------------------------|--|-------------------|-------|----------------------------|------|------------|---------------|-----|
| STUDENT'S NAME: | | LAST | FIRST | MI | SEX | GRADE | DATE OF BIRTH | AGE |
| STUDENT'S ADDRESS: | | NUMBER AND STREET | | | CITY | | ZIP | |
| NAME OF FATHER OR GUARDIAN | | WORK PHONE | | NAME OF MOTHER OR GUARDIAN | | WORK PHONE | | |
| FAMILY DOCTOR | | OFFICE PHONE | | STUDENT'S HOME PHONE | | | | |

MEDICAL HISTORY

| GENERAL QUESTIONS | YES | NO | YOUR FAMILY'S HEART HEALTH QUESTIONS | YES | NO | MEDICAL QUESTIONS | YES | NO |
|--|-----|----|--|-----|----|--|-----|----|
| Has a Doctor ever denied or restricted your participation in Sports for any reason? | | | Does anyone in your family have arrhythmogenic right ventricular cardiomyopathy, long QT syndrome? | | | Do you have any concerns that you would like to discuss with a doctor? | | |
| Do you have any ongoing medical conditions? If so, please Identify by Circling: Asthma Anemia Diabetes | | | Has any family member or relative died of heart Problems or had an unexpected or unexplained sudden death before age 50 (including drowning, unexplained | | | Were you born without or are you missing an organ? Identify by circling: A kidney An eye Your spleen | | |

ATTENDANCE & ELIGIBILITY

- Attendance Requirements

- Must be in attendance the entire school day to practice or compete.
- May be pre-excused or a Dr.'s note.
- Must sign in or out with attendance office.

- Eligibility

- Pass 4 classes previous Trimester.
- Pass 4 classes, checked weekly.

CODE OF CONDUCT

- Coaches go over this with student-athletes and each student-athlete will sign before they compete.

1st Offense

50% or 33% w/ 12 hours of community service.

2nd Offense

50% and 24 more hours of community service & counseling.

3rd Offense

One full calendar year and 48 hours of community service & counseling.

4th Offense

No longer eligible to participate for the remainder of LASD career.

TRANSFER STUDENTS

- Assume NOT eligible until you've checked with the Athletic Office.

2019-
2020



HANDBOOK



TRANSPORTATION

- Saturday=Parent Transport
- Must ride school transportation to event when provided.
- Prefer to ride school transportation home, but a written note to coach, may ride with parent.
- Please consult coach ASAP if problem arises
- Late bus policy; only in effect when you ride the bus. after 10:00 pm no zero hour, after 12:00 am no first hour



SCHEDULES

LUDINGTON AREA SCHOOLS

SEARCH

Menus | Parent Portal | Staff Directory

DISTRICT SCHOOL BOARD **ATHLETICS** CALENDAR TECHNOLOGY SCHOOLS

Soaring High

TRANSPARENCY REPORTING
MI School Data

| DISTRICT NEWS | LUDINGTON HIGHLIGHTS | CALENDAR |
|---|--|---|
| <p>Donate directly to the Oriole Foundation. Choose Education in the first drop down and the Oriole Foundation in the second.</p> <p>Click for more info</p> <p>Mission Statement The Ludington Area School district, in partnership with parents and community, will educate and empower students</p> | <p>August 8, 2018 Phone System Upgrade The Ludington Area School District is in the middle of installing new phones. Until we can fully cut over from the old system to the new, some direct dial numbers, like the Donald C. Baldwin Pool will not work correctly. We are sorry for those inconveniences while we try and bring the LASD phone system up to date.</p> <p>June 28, 2018 Facilities Study Information The five (5) year Strategic Plan that was adopted by the Board of Education on January 19, 2015 called for the creation of a committee of administrators, teachers, other school personnel, and community members to develop a long term facilities plan through consultation with a construction management company and an architect and engineer. This plan also called for the development of a facilities improvement plan that evaluates the cost effectiveness of upgrading existing facilities vs. new construction. For more information on the project see</p> | <p>Upcoming Events</p> <p>15 AUG VAr Tennis @ Portland 9:00 AM Varsity Girls Golf at Remus Chip Hills 9:00 AM</p> <p>17 AUG Girls Golf @ Fruitport 8:30 AM Varsity Volleyball Ludington Invite 8:30 AM VAr Tennis - Ludington Invite 9:00 AM JV Soccer @ Shelby 4:00 PM Var Soccer @ Shelby 7:00 PM</p> <p>18 AUG JV Soccer Invite 9:00 AM Var Soccer at Fruitport Invite 9:00 AM</p> |

- www.lasd.net
- Choose “Athletics”

Choose
“High School Sports Schedule”
or
“Middle School Sports Schedule”

This leads you to the MHSAA website.

LUDINGTON AREA SCHOOLS

Orioles

DISTRICT SCHOOL BOARD **ATHLETICS** CALENDAR TECHNOLOGY SCHOOLS

Menus | Parent Portal | Staff Directory

ATHLETICS

Ludington Football Shop is now open!
Find items that I've picked out specifically for our team.
There is also spiritwear available for your family and friends.
Check out the shop details below.

OUR SHOP DETAILS
- Shop Now: [Team Shop](#)
- Store Open From: July 30 - August 15, 2019

Ludington Soccer Fan Store is now open!
Find items that I've picked out specifically for our team.
There is also spiritwear available for your family and friends.
Check out the shop details below.


OUR SHOP DETAILS

Athletics
Away Game Information
Baldwin Community Pool
Building & Athletic Event Maps
Ludington Area Sports Camps
Ludington City Recreation
Parent Information
School Forest Trails
Sports Team Pages
Team Pictures
Youth Recreation opportunities
[Parent Meeting Keynote](#)
[High School Schedules](#)
[Middle School Schedules](#)
District Tournaments

508 N. Washington Ave.
(231) 845-3880
Office Hours: 7:00 a.m. - 3:30 p.m.

231-845-3811
231-845-3812 fax

[Athletic Code](#)
[High School Sports Schedules](#)
[Middle School Sports Schedule](#)
[Century Club Application](#)
[Booster Club Winners](#)
[2018 -2019 Sports Physical Form](#)
[Spectrum Form - Parent Permission](#)
[Ludington Football Athletic Gear](#)



LUDINGTON
AREA SCHOOLS

SEARCH

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DISTRICT SCHOOL BOARD **ATHLETICS** CALENDAR TECHNOLOGY SCHOOLS


HIGH SCHOOL SCHEDULES

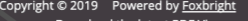
Schedules are subject to change!! Weather changes will be announced and updates will be posted on main page.

- [Varsity Cross Country - Boys and Girls](#)
- [Varsity Football](#)
- [Varsity Golf](#)
- [Varsity Soccer](#)
- [Varsity Swim](#)
- [Varsity Tennis](#)
- [Varsity Volleyball](#)

- [JV Football](#)
- [JV Soccer](#)
- [JV Tennis](#)
- [JV Volleyball](#)

Select Language 

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- Athletics**
- Away Game Information
 - Baldwin Community Pool
 - Building & Athletic Event Maps
 - Ludington Area Sports Camps
 - Ludington City Recreation
 - Parent Information
 - School Forest Trails
 - Sports Team Pages
 - Team Pictures
 - Youth Recreation opportunities
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 - Middle School Schedules
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Ludington Orioles

Varsity Football

| Date | Time | Home/Away | Opponent | Result |
|------------|---------|-----------|---------------------------------------|--------|
| 08/29/2019 | 7:00 PM | A | Fremont High School | |
| 09/06/2019 | 7:00 PM | H | Hesperia High School | |
| 09/13/2019 | 7:00 PM | A | Manistee High School | |
| 09/20/2019 | 7:00 PM | H | Muskegon Catholic Central High School | |
| 09/27/2019 | 7:00 PM | H | Muskegon Heights Academy | |
| 10/04/2019 | 7:00 PM | A | Orchard View High School | |
| 10/11/2019 | 7:00 PM | H | Homecoming (Lee High School) | |
| 10/18/2019 | 7:00 PM | A | Sault Area High School | |
| 10/25/2019 | 7:00 PM | H | Mason Co Central High School | |
| | | | | |
| | | | | |

COMMUNICATION

1st

Your Child

2nd

The Coach

3rd

The Athletic Director

Upset?

Use the 24 hour rule!



24 Hour Rule

SPORTSMANSHIP

- Let the players play.
- Let the coaches coach.
- Let the officials officiate.

“Sportsmanship for me is when a guy walks off the court and you really can’t tell whether he won or lost, when he carries himself with pride either way.” -Jim Courier

UNIFORMS

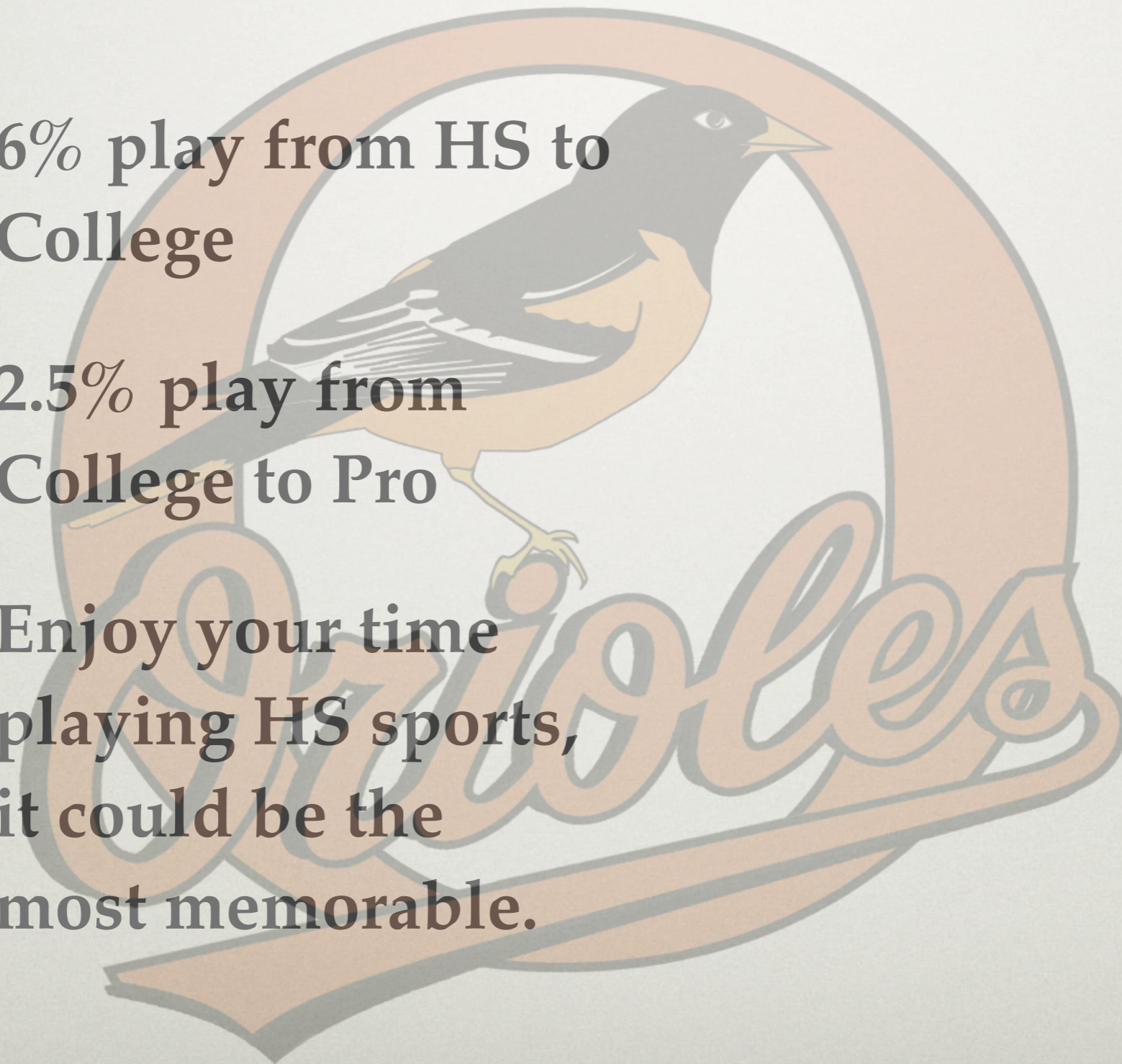
- Student-Athlete is responsible for lost or stolen uniform.
- Must be turned in at the end of the season.



-
- Events this Spring:
 - 4/23/20 4pm - 8pm Physicals for 2020 - 2021 - details to come LASD.net website
 - Baseball and Softball District starting 5/24/2020

CLOSING

- 6% play from HS to College
- 2.5% play from College to Pro
- Enjoy your time playing HS sports, it could be the most memorable.



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